

# Autism Friendly Pack



## Museum of Scottish Lighthouses

August 2025



# Introduction

In 2018 the Museum of Scottish Lighthouses updated our access policy to make our Museum more accessible for people who may be on the autistic spectrum.

Our access policy was changed to include the following statement:

5.1 "Cognitive - The Museum of Scottish Lighthouses is committed to providing a safe environment where visitors with cognitive diversity - such as Autism Spectrum Disorder - are able to enjoy their visitor experience. The Museum also aims to promote acceptance and understanding with staff engagement [through training]."

This pack has been produced to allow autistic visitors to plan their day in advance of a visit to the Museum.

# When is the Museum Open?

The Museum is open at different times depending on the season.

## Summer

Open

Monday - 10am-5pm, Tuesday - 10am-5pm,  
Wednesday - 10am-5pm, Thursday - 10am-5pm, Friday -  
10am-5pm, Saturday - 10am-5pm, Sunday - 10am-5pm

Summer season starts on 26th March and ends on  
31st October.

## Winter

Open

Wednesday - 10am-4.30pm, Thursday - 10am-4.30pm  
Friday - 10am-4.30pm, Saturday - 10am-4.30pm, Sunday -  
10am-4.30pm

Winter season starts on 1st November and ends on 25th  
March.

Only the Lighthouse visit is available in winter.

If you are unsure call us on

01346 511022

or email

[administration@lighthousemuseum.org.uk](mailto:administration@lighthousemuseum.org.uk)



# Manager



Lynda

Lynda is the Manager of the Museum of Scottish Lighthouses! If you see her in the building feel free to have a chat!

If you have any questions before your visit you can also email her at [manager@lighthousemuseum.org.uk](mailto:manager@lighthousemuseum.org.uk) or call the museum on 01346 511022.

If you have any special requirements for your visit, Lynda would be the first person to contact to ensure your visit goes as you would like it to.

## Autism Champion!



Anna

The Museum's Autism Champion is Anna! If you have any autism related queries, or if you think there is something missing from this book, please feel free to contact her. Anna can be contacted by emailing [collections@lighthousemuseum.org.uk](mailto:collections@lighthousemuseum.org.uk)

# When Visiting the Museum

1. The Museum has a free car park in front of the main entrance to the Museum which you can use.



2. The Main Entrance to the Museum is through black arch pictured below.





3. Come to reception area to buy your ticket for the Museum!

The Admission Prices are as follows:

Adult: £13-50

Concession: £10-50

Student: £10-50

Child: £6-00

Family (2 adults, up to 4 children): £26-00

Free sunglasses and loaned ear defenders are available from the reception if required.

Reception area below:



4. When you buy your Admission ticket a member of staff behind the desk will ask you if you want to have a tour of the lighthouse.

Tours run on the hour at:

10am

11am

1pm

2pm

3pm

In the summer season tours also run at 12pm  
4pm.

Please be aware that your tour is as part of a group, and you would not be going on your own. You can only go on the tour with a guide at the agreed time.

## BUSY TIMES

The museum is always busier in the SUMMER, and the 1pm tour is often quite full. If you prefer a quieter visit tours in the afternoon are less busy.



5. When you have your ticket you are then free to look at all the things in our museum! There is a map of the museum in this pack.

You enter the Museum gallery through the below door.



Remember, do not forget your tour of the lighthouse! Be sure to come back to the foyer 5 minutes before your tour time!



6. When it is time for your tour you should meet in the Museum Foyer (picture).



One of our guides will then take you and your group over to the lighthouse. Our guides at present are:



Brenda



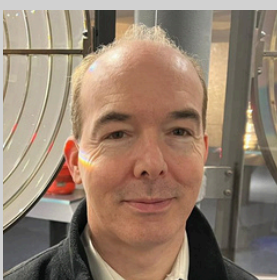
Brian



Joan



John



Michael C



Donna



Paul



Sam

7. The guide will take you across to Kinnaird Head Lighthouse, and inside. They will take you to the top of the lighthouse and tell you all the important information as you go!

The lighthouse is very high! And it can be crowded and noisy if you have a big group.

If you have any questions about lighthouses for the guide please ask.

After the tour the guide will leave you at the lighthouse site where you can look around some other buildings if you want to.

You should then make your own way back to the Museum when you have finished looking.

When at the Museum you can then look around again until you choose to leave (up to closing time at most).



# Lighthouse Tour



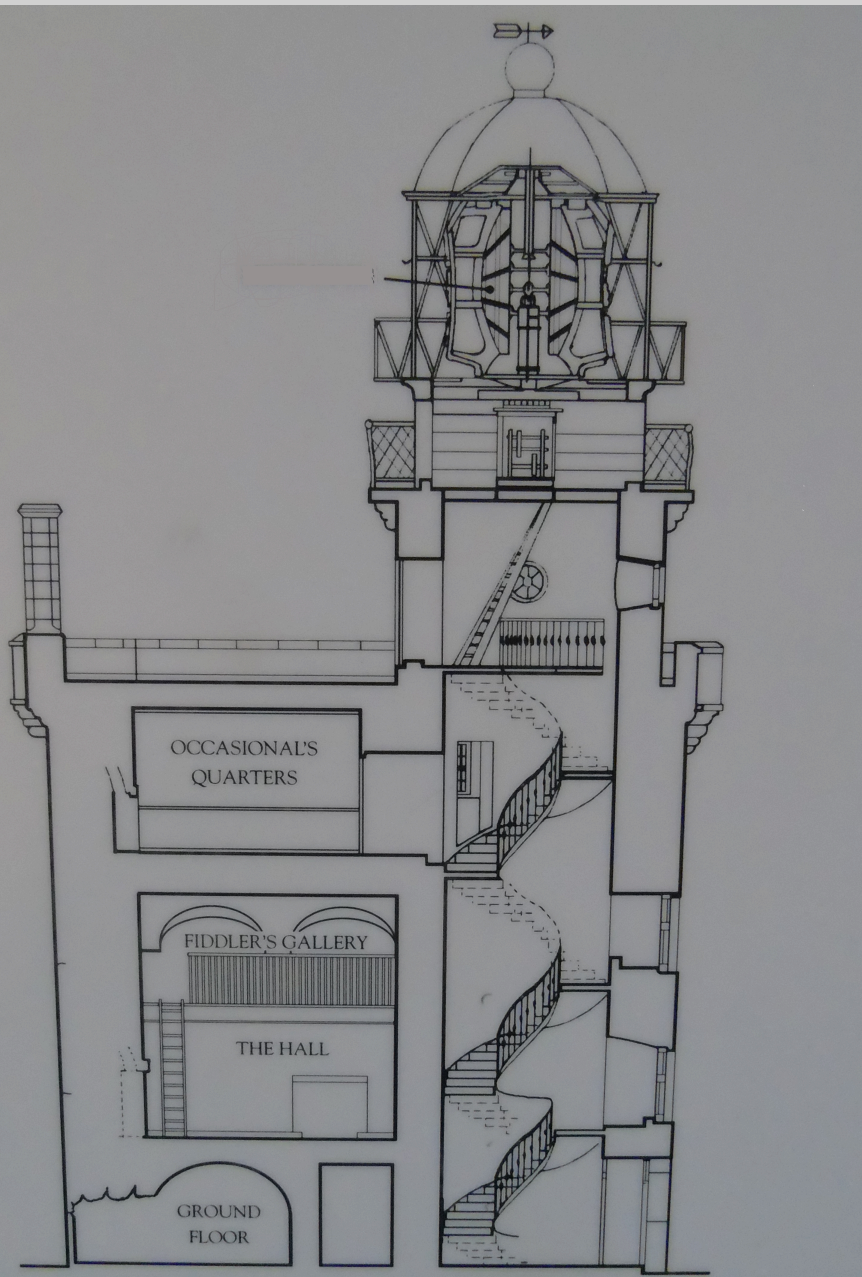
Our guides conduct tours of the Kinnaird Head Lighthouse, pictured above.

A reminder that:

- tours will be led by one of our guides at times stated.
- unless you make prior arrangements you will be in a group.
- the tour takes you up to the top outer balcony of the lighthouse.
- the guides will leave you to make your own way back to the museum, unless you ask them to take you back.



# Lighthouse Tour



- The lighthouse stands at 23 metres high!
- The higher you go the less space there is! The lightroom is very cramped!
- The stairs are quite wide, but should be climbed carefully!
- The hall smells very strongly of paraffin oil!
- Visitors who you do not know may also want to ask the guide questions!

## NOISE!:

- The Lightroom can be very noisy when the machine is in operation.
- Other visitors may chat when the guide has finished talking which can be very loud, especially with the echo of the hall and stairway!
- On very windy days there can be a banging on the dome of the roof! Don't worry - this is just the weather vane turning!
- The lighthouse is **VERY BUSY** during the summer, but **VERY QUIET** in the winter.

# Museum Tea Room

The Museum Tea Room is currently closed and will not be open for food or drink.

If you would like to eat in Fraserburgh speak to our friendly reception staff who have maps of cafes to hand out!



## Quiet Area

The Museum's Quiet Area is at the back of Gallery 2 (see sensory map). This is the quietest part of our Museum at present and can be found by the Tea Room entrance.

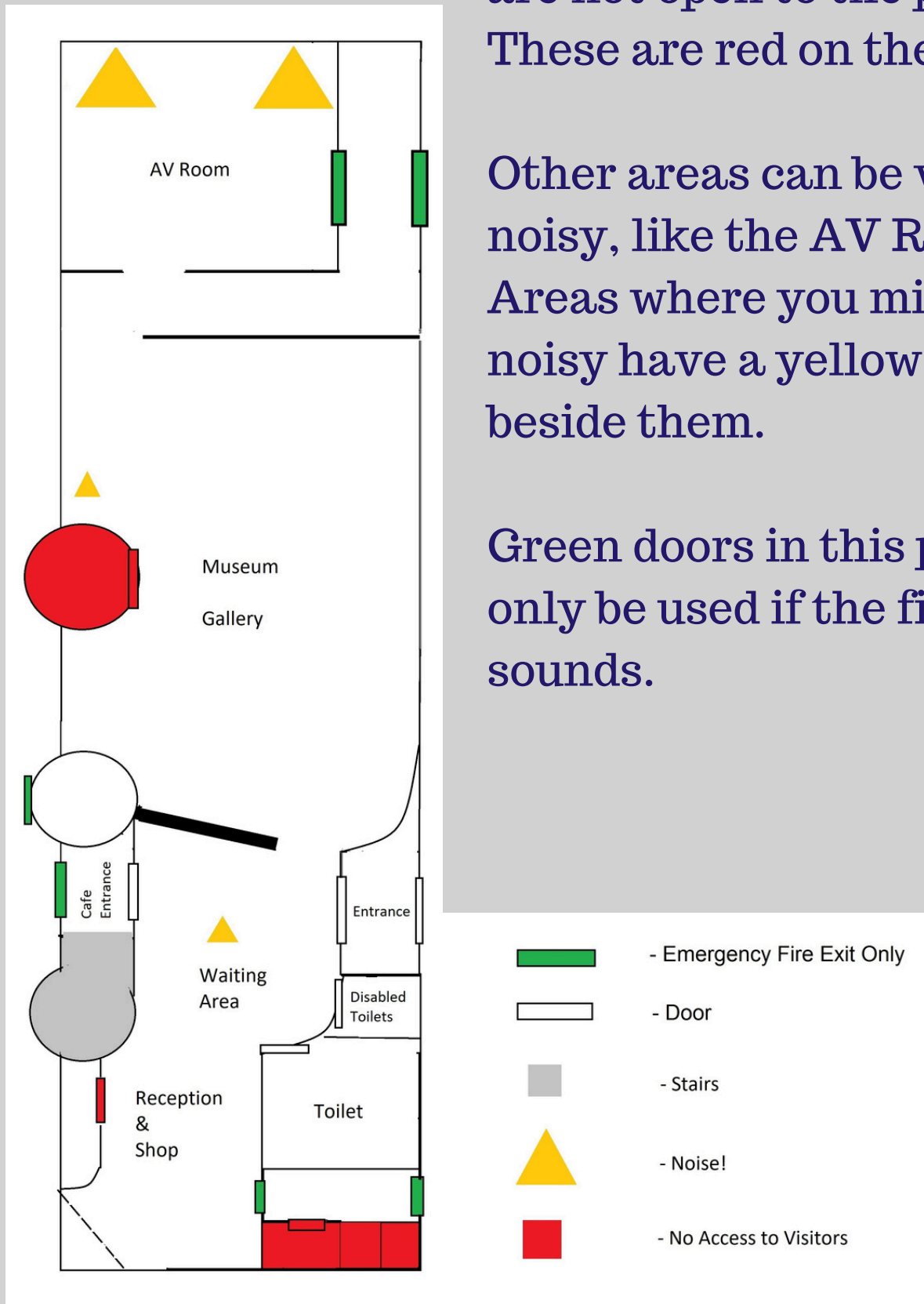
It is expected a better area will be created when we have access to our new gallery in summer/autumn 2025.

# Sensory Map: Ground Floor

Some areas of the Museum are not open to the public. These are red on the map.

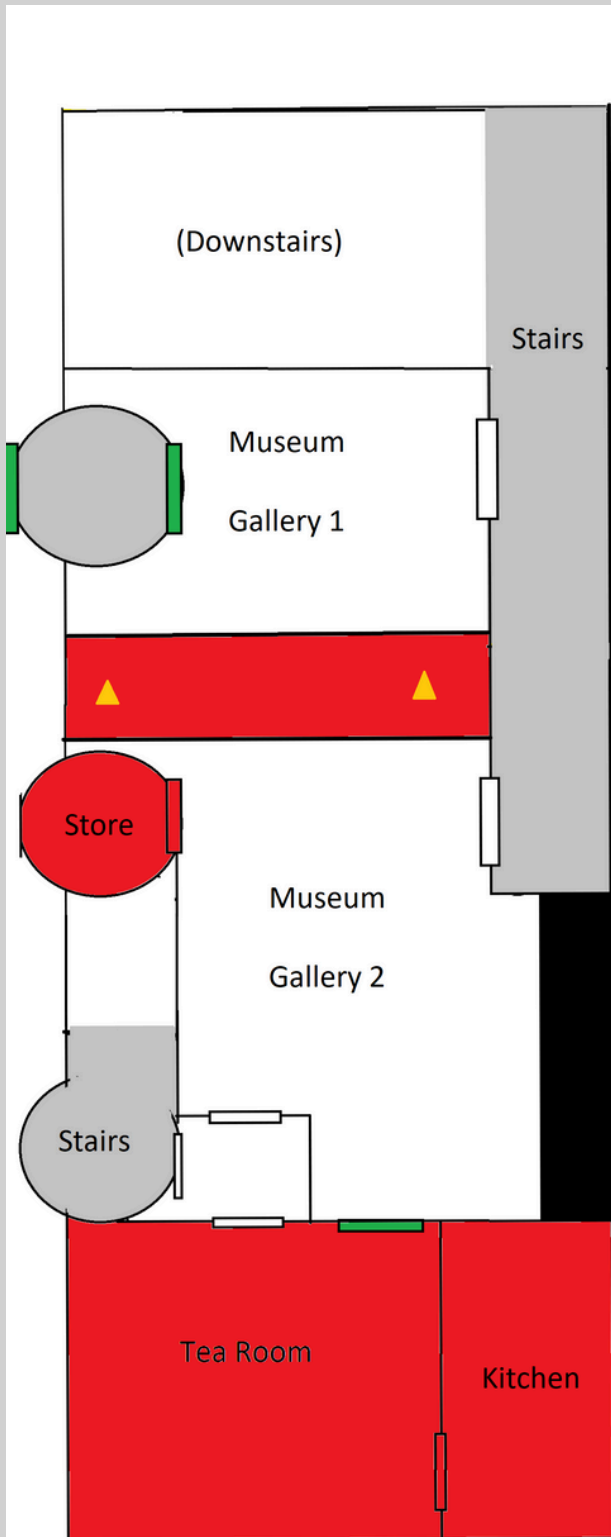
Other areas can be very noisy, like the AV Room. Areas where you might find it noisy have a yellow triangle beside them.

Green doors in this plan can only be used if the fire alarm sounds.





# Sensory Map: First Floor



The upper galleries of the museum are accessed by a gradual stairs.

In between the galleries there is a sound recording playing.

The Gallery 2 is the Museum's designated quiet zone!

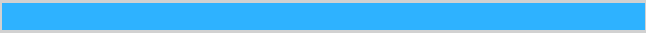
- Stairs
- No Access
- Fire Exit
- Doors
- Noise

# How to Find Us!

## Some Directions:

A90 (Aberdeen Road): 

Take third exit on the first (Tesco) roundabout on to South Harbour Road. Follow the Road past the beach, and harbour to Shore Street. Keep left at the end of Shore Street onto Bath Street. This will lead you to Quarry Road. Follow Quarry Road until its end, and turn right to the Museum.

A981 (Strichen Road): 

On entering Fraserburgh take second exit on first roundabout onto Strichen Road. Follow the length of Strichen Road (where the War Memorial is) and turn left at the junction onto Saltoun Place. Follow Saltoun Place onto Cross Street, and turn left at the traffic lights beside Farmfoods. Take second right onto Denmark Street and follow to its end, then turn left to the Museum.

A98 (Banff Road): 

Follow the A98 on to Watermill Road (Straight ahead past Asda). Follow this long Road until you can take a left turn onto Denmark Street. Follow Denmark Street to its end, and turn left to the Museum.

By Bus: X67 and X68 from Aberdeen is the main service.

Get off at Bus Station at Hanover Street. You will see a 'Wimpy' turn left before the Wimpy until you find Caroline Place. Cross the road onto Barrasgate Road. Keep walking until you see Park Street, then turn left. Take a right onto Denmark Street which will lead to the Museum. This is about 5 minutes walking distance.

# How to Find Us!

If you are coming to visit the Museum we have prepared map to show you the best way to find us!

